

**SAFETY SERVICE
PATROL IDEA-SHARING
NETWORK SESSION**

OCTOBER 30, 2024

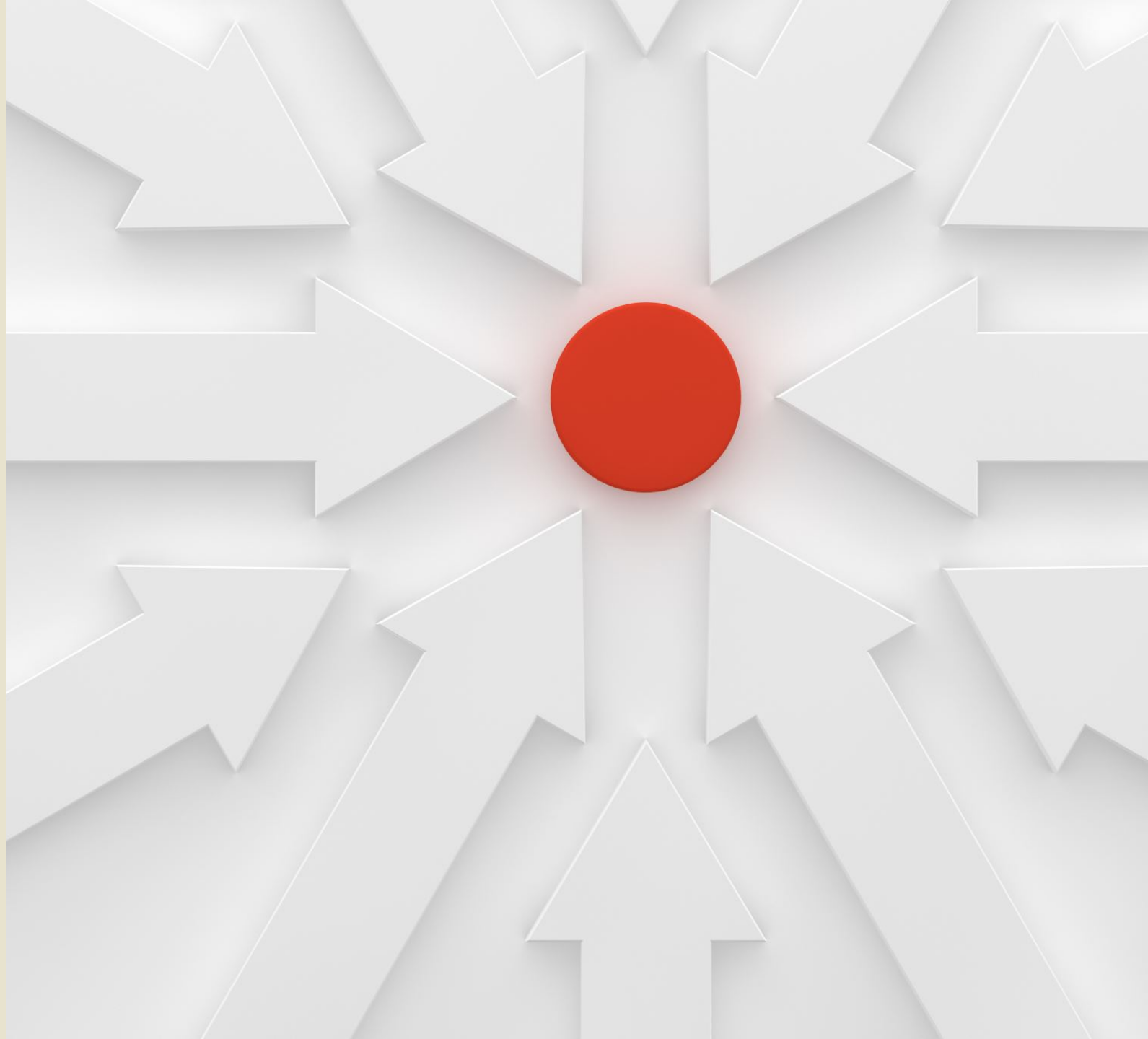
MORAL INJURY INFO



Firefighter Behavioral Health Alliance
Founder/CEO Jeff Dill

OBJECTIVES

- Data
- Moral Injury in the First Responder World
- Discussion



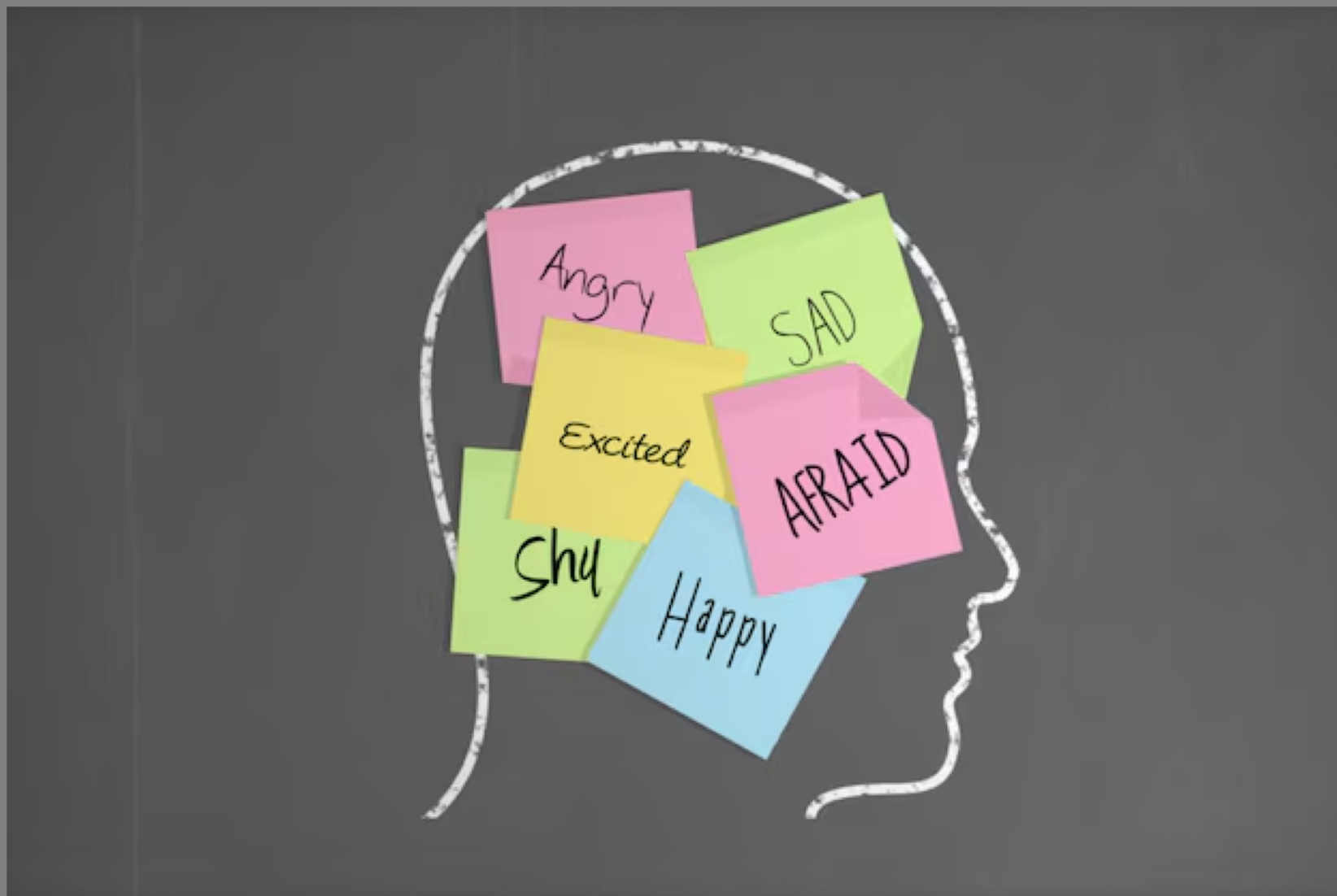


TERMS

- **INTERNAL SIZE-UP**
- **COGNITIVE DISCONNECT**

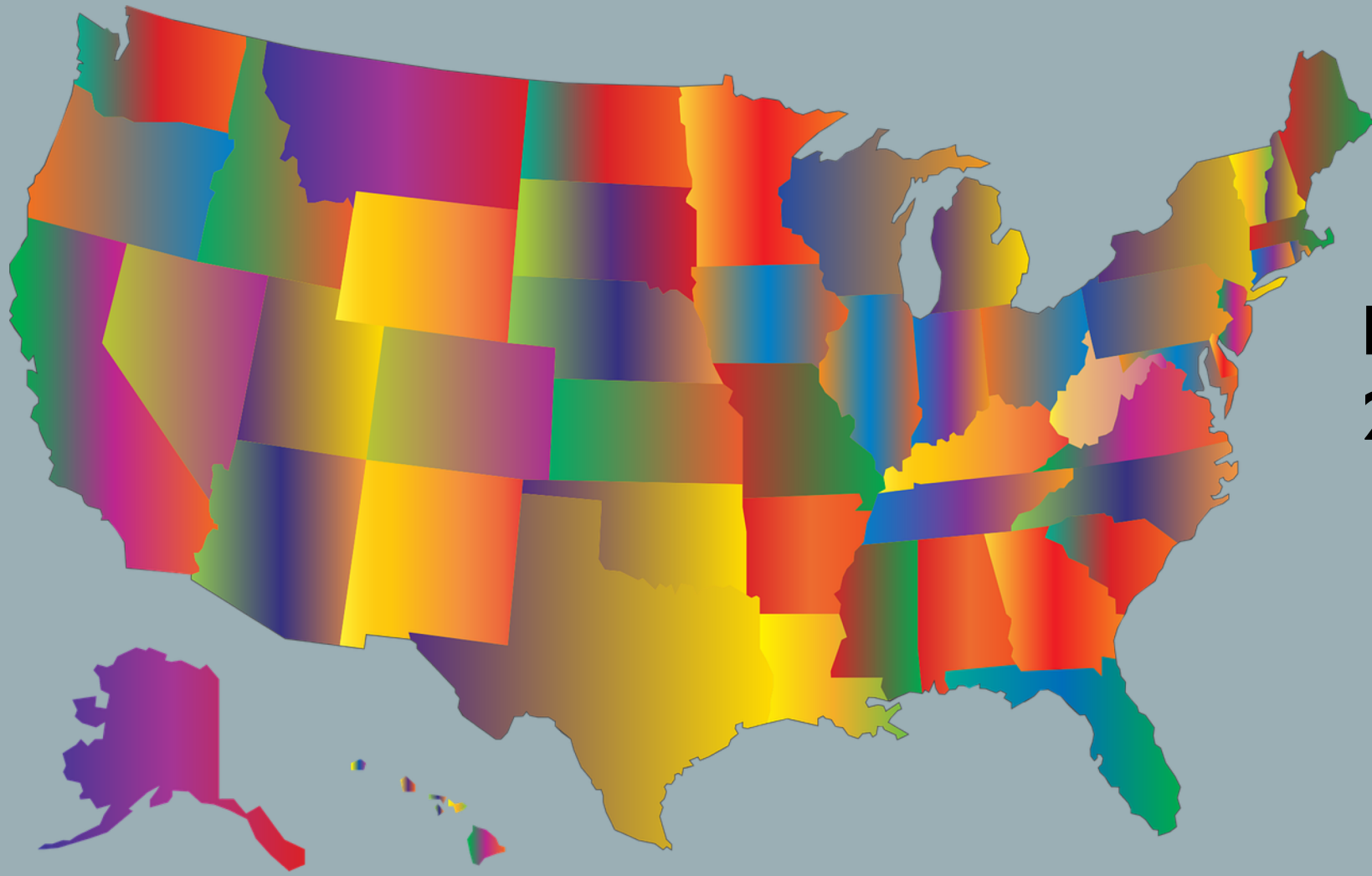
**SUICIDE IS ALWAYS
PREVENTABLE**

Internal Size-Up



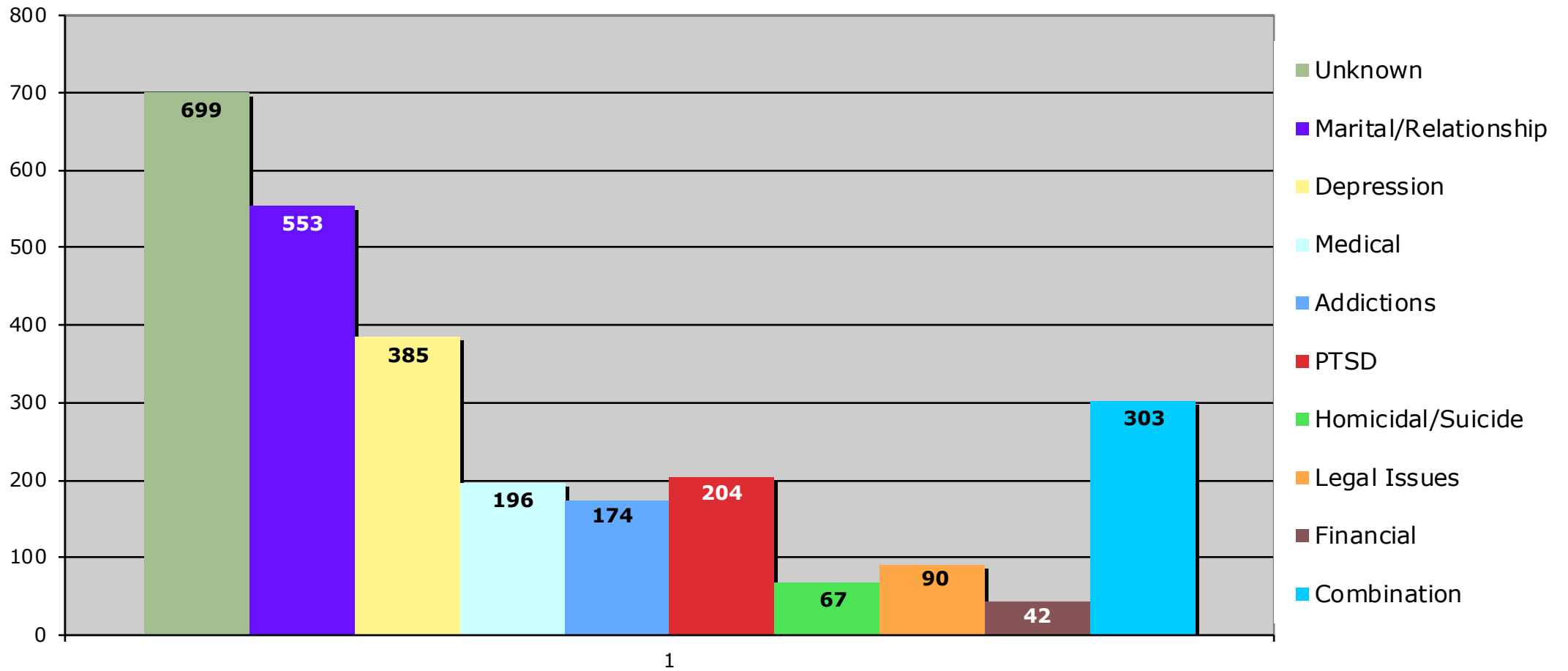
Cognitive Disconnect





**FBHA Overall Data
2,108 Lost Souls**

Suicides- (1,772 FF's) (324 EMS)(12 Dispatchers)



PTSD VS MORAL INJURY

- **Humans born to do good-help others**
- **Trained in the Fire/EMS/1st Responders- to save lives/protect community**
- **Over time seeing death, feeling helpless in saving lives**
- **Betrayal by Management/Others/Self**
- **Leads to human emotions of guilt, shame, failure to do good**
- **Military stats state more suicides come from M. I. than PTSD**

JEMS Eric Chase







SUMMARY

- **RELATIONSHIPS MATTER**
- **INTERNAL SIZE-UP**
- **MORAL INJURY - MORE PREVELANT THAN PTSD**