



SAFETY SERVICE PATROL IDEA SHARING NETWORK MENTAL HEALTH CARE IN THE SSP COMMUNITY

On October 30th, 2024, SSP professionals explored best practices and resources to support the mental health and well-being of both operators and managers. This was a vital opportunity for SSP operators and managers to gain insights, share experiences, and learn strategies to foster a supportive, mentally healthy work environment.

To view a recording of this session, please [click here](#). Resources, links, and contacts mentioned during the session are listed below.

Mental Health Care Organizations for First Responders

- [The Wounded Blue](#)
- [EMS Improv](#)
- [Firefighter Behavioral Health Alliance](#)

Support Resources

- [Safe Call Now](#)
- [National Volunteer Fire Council Responder Helpline](#)
- [Mental Health Resources](#)
- [Mental Health Continuum Self-Check Tool](#)
- [Tips for Employee Conversations](#)
- [Self Care Plan Template](#)
- [Toxic Stress Self Assessment](#)

Important Links

- www.ReportStruckBy.com: Data collection system
- www.ResponderSafety.com: Online Training Resources
- [Session Feedback Survey](#)

SESSION SPEAKERS

Thank you to the following speakers for providing valuable and important information during this session:

Sgt. Robert Bemis
The Wounded Blue
bob6958@verizon.net

Eric Chase
EMS Improv
emsimprov@gmail.com

Jeff Dill
Firefighter Behavioral Health Alliance
jdill@ffbha.org

Theresa Torres
Statewide Safety & Training Program Director
Indiana DOT
ThTorres@indot.in.gov

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